



## You're not alone: Hundreds of Hong Kongers have upgraded their living spaces already to live safer, more secure lives.

As we get older, our needs and abilities change, and so must our living spaces. By making simple enhancements to our homes, we can improve the quality of day-to-day life. From allowing us to improve daily self-care routines, to making our living spaces safer, simple and easy-to-install upgrades can provide more freedom and flexibility by accounting for our changing abilities. Habitat for Humanity has helped hundreds of Hong Kongers enhance their living spaces and can direct you to the resources you need. Having a discussion with your carer, your family, or professionals about updating your living space today can lead to immediate benefits.

# Let's talk

Do **YOU** have what you need to be safe and secure as you age?  
Let's talk!



**Enhancing your living space gives you the freedom to live your life, more safely and comfortably.**

A quarter of older Hong Kong adults experience falls each year, with nearly half of those (42%) occurring in the home. Simple home enhancements such as non-slip flooring and toilet grab bars can give you flexibility at home and increase your comfort without impacting your living space. By equipping your home to prevent falls, give you more access to the bathroom and cooking spaces, and more, you can gain the freedom and flexibility to enjoy your living space more safely and comfortably.



**There are resources available for you to learn more and get started, today.**

Habitat for Humanity Hong Kong can help to understand your needs through our Ageing in Place Home Safety Assessment, help you navigate the process of home enhancements, and find a solution that works for you. Often, upgrades can be simple, implemented quickly, and not impact the infrastructure of your apartment. By discussing and understanding your needs, you can ensure that you have the right resources that work for you today.

**Take our quick Ageing in Place Home Safety Assessment to understand how you can improve your living space to be safer, more comfortable, and more secure.**

# Did you know?

Our online Ageing in Place Home Safety Assessment can help you understand what enhancements can be made to your home to help you age in place.

[Take the assessment today >](#)

Hong Kongers have shared their stories about the personal impact of home enhancements.

[Read their stories now >](#)

Resources are available through Habitat for Humanity Hong Kong and other NGOs to those who qualify to help you cover the costs of some enhancements.

[View available resources >](#)

More information about installation of home enhancements can be found on our website.

[Learn more about enhancements >](#)

## About Ageing in Place

Hong Kong is the most expensive property market in the world, with 25% of the population living below the poverty line. Around 220,000 people live in cramped and unhygienic subdivided housing, many waiting years for public housing. Like other developed economies, the population is aging and by 2050, Hong Kong will have the oldest population in the world. The city will also face the challenge of aging housing stock, compounded by deteriorating conditions of residential buildings in a sub-tropical climate. Following the World Health Organization (WHO) guidelines on age-friendly cities, embracing age-friendly communities would create active aging opportunities for older adults through health, participation, and security, enhancing their quality of life as they age. The WHO has identified housing as one of the eight domains necessary to provide a comprehensive view of the age-friendliness of a community.

In partnership with ZeShan Foundation, in June 2022, Habitat for Humanity Hong Kong launched the pilot phase of our 'Project Home Works: Ageing in Place' programme. We worked with a local university to field test a new assessment tool to identify the needs of under-privileged older adults people living in public rental housing. We worked with a network of community-based organizations, home repair experts and local NGOs to provide appropriate home modifications to 60 grassroots households, enabling

vulnerable older people to live in age-friendly homes through installations of handrails, bed rails, anti-slip floor treatments, flooring repairs, lighting improvements, flashing doorbells and other relevant modifications.

We subsequently launched Phase 2 of the programme in January 2024 with funding from ZeShan Foundation, Kerry Group and the Yau Family Charitable Foundation, which aims to deliver home modifications to a further 350 elderly households (benefitting around 525 elderly beneficiaries and caregivers), develop an online resource platform and campaign to raise public awareness and adoption of home modifications, and increase engagement with stakeholders in the private and social welfare sectors. Leveraging our experience as Ageing in Place practitioners, we can make an impact on the NGO sector, service provision and elderly welfare policy. We can also influence the private sector to explore more inclusive senior housing solutions that cater to marginalized populations and improve accessibility in the city.

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